

SYMPTOM OR SIGN	CURRENT SEVERITY					CURRENT FREQUENCY			
	NONE	MILD	MODERATE	SEVERE	NA	NEVER	OCCASSIONAL	OFTEN	CONSTANT
Light Sensitivity									
Sound sensitivity									
Vision: double, blurry, floaters									
Rash, new stretch marks									
Hearing, buzzing, ringing, decreased hearing									
Increased motion sickness vertigo, spinning									
Off balance, "tippy" feeling									
Lightheadedness wooziness, unavoidable need to sit or lie									
Tingling, numbness, burning stabbing sensations shooting pains, skin hypersensitivity									
Facial paralysis-bell's palsy									
Dental pain									
Chronic cough									
Neck creaks and cracks stiffness, neck pain									
Fatigue, tired poor stamina									
Insomnia, fractioned sleep early awaking									
Excessive night time sleep									
Napping during the day									
Unexplained weight gain									
Unexplained weight loss									
Unexplained hair loss									
Pain in genital area									
Menstrual irregularity									
Loss of Libido									
Unexplained milk production breast pain									
Irritable bladder or bladder dysfunction									
Erectile dysfunction									
Queasy stomach or nausea									
Heartburn, stomach pain									
Constipation									
Ear Pain									
Diarrhea									
Abdominal pain, cramps									
Abdominal bloating after eating or taking Probiotics									
Heart murmur or valve prolapse?									
Heart palpitations or skips									
Heart block on EKG									
Chest wall pain or ribs sore									
Head congestion									
Unexplained chronic cough									
Night sweats									
Symptoms flare every 4wks									
Degree of disability									

